# The Edge Gaalage



## Exhilarating Indoor Fun!

Your team will face a series of lively group tasks and challenges while trying to beat your colleagues up the thrilling 3D image of the mighty Everest Mountain.

From the starting point of Everest Base Camp the teams will need to navigate a route through the puzzles, tasks and quizzes that the "Kippure Expedition Leader" sets them. Just like a huge board game, when you get enough points you get to move up a camp. If things don't go so well, you must move down a camp!

This invigorating team building event is ideal for limited indoor space. It makes a wonderfully fun energizing activity and is designed with engagement, inspiration and motivation in mind.

### Like what you see? Give us a try.

\*The competitiveness and physical make-up of your group will determine the challenge level. Possible tasks range from low-impact team games to professional athlete-level challenges!

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# An indoor activity at your location or at Kippure Estate.

#### **Benefits**

- Collaboration
- Problem solving
- Builds positive relationships between work mates
- Communication

#### Sample Itinerary 1-2 hours

- △ Meet and greet
- △ Teams are formed and the Challenge briefing
- △ The main event
- riangle The winning team is announced

# Fact File

Numbers: 10-200 participants Style: Fun Competitive Fitness level: Low Duration: 1-2 hours Team size: 6-8





Participants will need to bring a rain jacket, warm hat and gloves and suitable footwear (walking boots or walking shoes with a good grip on the sole). A small rucksac for your picnic and a spare jumper is also recommended. You can share between two or three people.

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